

WHAT IS CLAIMED IS:

1. A forearm guard having a sleeve and an impact absorbing pad associated therewith, comprising:

A. A sleeve of essentially tubular construction wherein the overall length thereof conforms essentially to the linear dimension of a forearm of a wearer, and the overall diameter thereof conforms essentially to approximately 75% of the diameter of the narrower of the dimension of the forearm of said wearer,

Said sleeve being fabricated from a woven fabric which either by virtue of its intrinsic properties and/or weaving, is essentially resilient and stretchable so as to both conform to the said forearm and retain said guard in place during movement of said forearm,

B. An impact absorbing pad comprising an expandable foam or elastomer, said pad including a effective impact absorbing thickness of said expandable foam or elastomer, and

C. Means for attachment of said impact absorbing pad to said sleeve.

2. The forearm guard of Claim 1, wherein said sleeve is fabricated from a moisture absorbent material.

3. The forearm guard of Claim 1, wherein said sleeve is fabricated from a terry cloth-like material.

4. The forearm guard of Claim 1, wherein said impact resistant pad comprises neoprene.

5. The forearm guard of Claim 1, wherein said impact resistant pad comprises neoprene and has a effective impact resistant thickness of from about less than about 0.25 inches and at least about 0.125 inches.

6. The forearm guard of Claim 1, wherein the impact resistant pad is releasably attached to said sleeve

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